



# ...new tricks!

## 2024, Term 1

## January — March

### U3A WARWICK'S CAMPUS EXPANSION

After a period of negotiation with Southern Downs Regional Council (SDRC), the U3A Warwick Inc management committee has signed a new lease over additional buildings owned by SDRC at 1 Tooth Street. The 10-year lease began on 1 December, 2023.

The new lease includes the building opposite our existing premises that was previously occupied by Endeavour Foundation, and a separate kitchen block. The new 'Room 4' is approximately the same size as our current Rooms 1 and 2. The kitchen has a stove-top oven and sink with ample bench space and cupboards.

The rental charged is nominal although there will be additional outgoings, including electricity costs and cleaning of the shared amenities block. Other SDRC leaseholders at the site include Southern Downs Ex-Services Association (SDESA), Warwick Rotary Sunrise and Lions.

The committee intends to apply for grants to defray expenses involved with fitting out the new rooms. Rotary Sunrise has kindly offered the use of tables and chairs until funding becomes available for furniture. Fund raising efforts are to include a U3A 'Sausage Sizzle' on 25 February at Bunnings.

U3A Warwick Vice President Grahame Peacock has been appointed Campus Manager. Grahame will coordinate grounds and building maintenance. A new Cleaner appointed by the management committee commenced in December.

U3A Warwick Inc President Louize Fulton said the shared outdoor areas may suit future U3A social and cultural events and members were welcome to submit ideas along that line. Please address correspondence to [secretary@u3awarwick.org.au](mailto:secretary@u3awarwick.org.au).



Louize Fulton and Marianne Whitby in new U3A Room 4, 1 Tooth Street

### WORKING BEE JANUARY 12 at 8am

Members are invited to join a working bee on Friday 12 January when we will tidy the grounds and put the new classroom and kitchen in order. If you can help out, please phone **Grahame Peacock on 0438 615 007**. The conditions of our lease mean that maintenance of land and buildings is U3A Warwick's responsibility.

### U3A Sausage Sizzle

On Sunday 25 February volunteers from our committee will be hosting a sausage sizzle at Warwick Bunnings. This is a fund-raising venture by U3A Warwick to defray expenses. Please pay us a visit with your friends and buy a sausage and drink. The Bunnings sausage sizzle is a long-running programme helping charities and organisations throughout Australia and New Zealand.



In the 2022 financial year, Bunnings supported more than 54,000 local community activities and helped raise and contribute more than \$29 million for community groups.

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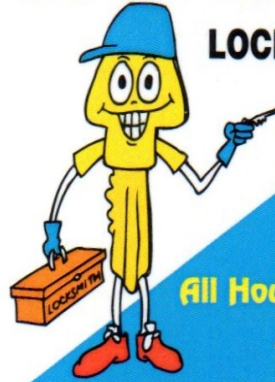
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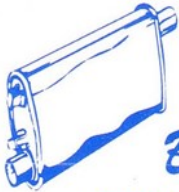
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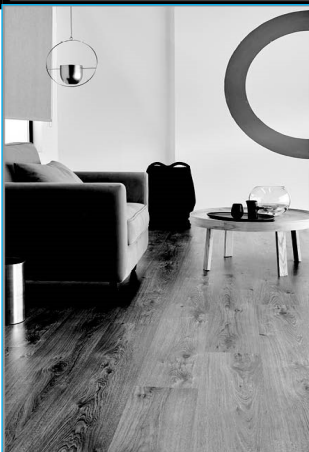
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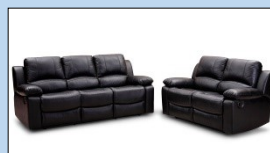
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# U3A Warwick Management Team for 2024

**President** Louize Fulton 0429 608 771

**Vice-President** Grahame Peacock 0438 615 007

**Secretary** Rhonda Cooney 0403 438 984

**Treasurer** Mark Agnew 0428 889 794

**Campus Manager** Grahame Peacock 0438 615 007

**Course Co-ordinator** Marianne Whitby 0437 339 934

**Publicity Officer** Bob Wilson 0438 525 119

**Membership** Mark Agnew 0428 889 794

**Social Convenor** Louize Fulton 0429 608 771

**Community Liaison** Rhonda Cooney 0403 438 984

**Website Editor** Bob Wilson 0438 525 119

**Newsletter Editor** Bob Wilson 0438 525 119

**Newsletter** Maureen Sutcliffe 0403 335 026

**Assistants** Jennifer Stark

Enquiries: [secretary@u3awarwick.org.au](mailto:secretary@u3awarwick.org.au)

Website: <https://www.u3awarwick.org.au/>

## Registration Days January 18 and 19

Committee members will be on duty to take your membership forms and payments for 2024. Sign-on days will be at our Rooms, 1 Tooth Street from **10am to 2pm on Thursday the 18th and Friday the 19th**. Members can register online via the website. Membership forms can be downloaded from the U3A Warwick website and printed out. We will have paper copies of new member and continuing member forms for those without internet access. Please note that you can enrol in classes by contact with the Convenor or enrol online on the website.

## Term dates for 2024

### Term 1

Monday 22 January to Thursday 28 March

### Term 2

Monday 15 April to Friday 21 June

### Term 3

Monday 8 July to Friday 13 September

### Term 4

Monday 30 September to Friday 13 December

**Annual General Meeting:** *Date to be confirmed*

## Louize Fulton elected President after Sally Edwards' resignation in December 2023

Our President Sally Edwards, who was re-elected for a second term in November, has resigned for personal reasons. At our management committee meeting on 14 December, it was decided to act immediately to appoint a new President. Our current Vice-President Louize Fulton was elected President and Grahame Peacock was elected Vice-President. Nominations were made by the committee and voted on according to our Constitution.



**Management Committee elected on November 24** L-R Grahame Peacock, Sally Edwards (former President), Rhonda Cooney, Bob Wilson, Maureen Sutcliffe, Louize Fulton, Mark Agnew, Marianne Whitby. (Absent Jennifer Stark). *Photo Laurel Wilson*

We thank Sally for her services in 2022 and 2023 and wish her the best. She will continue to host her popular Paper Craft course which from 2024 has been relocated to Room 3 on the U3A Campus at 1 Tooth Street.

Our **sign-on days** for 2024 will proceed on **18 and 19 January Rooms 1 and 2, from 10am to 2pm**. Annual fees are \$40. A range of payment options will be available.

## EDITOR'S CORNER



It's time to introduce you to our new editorial team. In 2024 I'm joined by new U3A members Maureen Sutcliffe (right) and Jennifer Stark, both of whom have a background in producing publications. I will be helping with the transition this year although I'll be away in March/April. Maureen and Jennifer will be editing the Term 2 newsletter. Please send all contributions to [maureen.sutcliffe0@gmail.com](mailto:maureen.sutcliffe0@gmail.com).

From January 2024 we will no longer be posting newsletters to members. The colour newsletter will be emailed to members and posted to our website.

Black and white copies will be printed and left for collection in Room 1 for those who do not have internet access. From January 2024 the quarterly newsletters can also be picked up from *Wattle Doo*, a craft shop in the Town Hall. *Note the shop is only open 9am to 1pm.*

## Silent Book Group

(First Wednesday at 1.30pm)



This might be worth trying. You like books and you enjoy reading. You like to be in a quiet place. Maybe you are an introvert? Why not try reading in company with others like yourself? There is no need to select a book for the group (like most other book clubs that I know). There is no need for discussion, although you might like to share with others what it is that you are reading on that day. It is entirely up to you what you bring. Come along, make a cup of tea or coffee. You may even bring something to eat. Settle down comfortably and read in companionable silence. Members of the group may come and go within the allocated time (we will discuss this at our first meeting). You might like to have a quiet discussion or a chat with another member.

There is a worldwide movement called **Silent Book Club**. If you want more information about it the website is <https://silentbook.club> —Clare Cotton 0448 093 872

## Condamine Sports Club of Warwick Inc.

### Country Style Meals

**Lunch**—Daily Specials 11:30am-2pm

**Dinner**—7 days 5:30pm-8pm

**Friday**—Nights to 9.00pm

### Friday Nights

Goose Club drawn at 7pm

Keys for Cash drawn after Goose Club  
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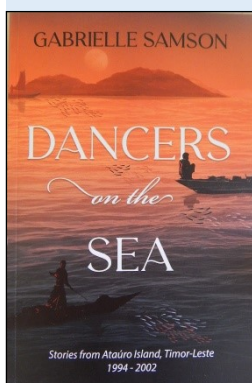
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## Dancers on the Sea: stories from Ataúro Island, Review by Jennifer Stark



**Dancers on the Sea** provides first-hand cultural, political, and personal insights and observations of life on a remote Timorese island in an interesting and engaging way.

Australian author, Gabrielle Samson, who lives near Warwick, worked at an Indonesian university, when she was asked to set up a kindergarten on tiny

Ataúro island in East Timor. She commenced the 6-month project in 1994, which grew into something much bigger, leading her to stay for 12 years.

The book is set in her first few years (1994 - 2002), while East Timor was initially under, and subsequently coming out of, stringent Indonesian military occupation. Gabrielle describes how peacefully dismantling 25 years of occupation and setting up a democracy doesn't work well, even when major parties, including the United Nations, are involved. Factions within both Indonesia and East Timor used violence and threats to achieve their own goals, causing terror and making destruction of property and deaths commonplace.

Gabrielle found herself on a refugee boat escaping from the disaster the election caused, but subsequently helped non-governmental organisations form plans and assisted with the implementation of rebuilding East Timor.

The book is loosely in chronological order, allowing you to develop a sense of time and understanding of the changes and the people Gabrielle comes to know very well. Set within this over-arching story are rich and varied vignettes that provide vividly detailed snapshots of cultural and human-interest topics; revealing a fascinating and complex tapestry of lives on what first appears to be a tropical island with a small population living simple lifestyles.

***Dancers on the Sea*** is a page-turner that's strangely soothing at the same time. The switching of topics and the information and descriptions that are included, kept me wanting to read more, right to the end. This was due to my curiosity about what comes next, rather than the dread that fast-paced books often have.

***Dancers on the Sea: Stories from Ataúro Island, Timor-Leste 1994-2002***

By Gabrielle Samson, Shawline Publishing Group  
First published 2023. ISBN: 9781923101067

## Latin Study Group recruiting members

**Alternative Thursdays starting January 25**

U3A Warwick members Barbara Diery and Louize Fulton are looking for new members who would be interested in attending a Latin Study Group.

The group meets on alternate Thursdays at 2pm, the first meeting on Thursday January 25, 2024.

Barbara said meetings are held at members' homes and last for 90 minutes, including afternoon tea.

"It's entirely self-help. We use a text book which dates back to the Latin course held about three years ago. The tutor moved to Tasmania but Louize and I decided to keep it going informally.

"If there's anyone out there who has the skills to teach Latin we would love it."

Barbara described the group as 'low-key and enjoyable'. Latin is often said to be the origin of the romance languages; Italian, French, Spanish and Portuguese. It is still taught in secondary schools and universities but with a focus on translating ancient texts rather than oral conversations.

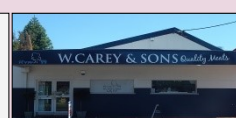
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## Out and About with U3A members



LR: Derrick Sutcliffe, Janet Schultz, Sandra Wilson, Gabrielle Samson, Maureen Sutcliffe and Louize Fulton

### An Afternoon at the Opera

A group of U3A music lovers attended the screening of the recently remastered and colourised film **Callas - Paris, 1958** at the Strand Theatre in Toowoomba on Sunday November 26.

The Tom Volf directed film uses footage from Callas' debut performance at the Paris Opera on December 19, 1958.

We were all moved by Callas' performance and considered it a privilege to have attended. The group enjoyed a wonderful lunch, and each other's company, beforehand at Sofra Turkish restaurant.

- Maureen Sutcliffe

### What's This?



A small group of U3A members went on a tour of Acciona's Macintyre wind farm near Karara in early December. If there's enough interest, we could organise a U3A tour in 2024.

*Photo of wind turbine from the ground by Maureen Sutcliffe.*

**See story page 18**

***The opinions expressed in this newsletter are those of individual writers and not of U3A Warwick Inc. The next newsletter will be published in early April 2024.***

### VISITING TOOWOOMBA'S JAPANESE GARDEN

In October walking group members set off for a stroll through Toowoomba's Japanese Garden, known as *Ju Raku En* which means 'to enjoy peace and longevity in a public place'. That's certainly true for the Toowoomba Garden, which opened in 1989 after years of planning and construction. Thirty-four years on, it is a peaceful oasis amidst the busy UniSQ campus.

The Japanese Garden is located on three hectares on the northern side of the University of Southern Queensland. It is jointly owned by the university and Toowoomba Regional Council. The master plan and design for the Garden, community building and tea house were prepared in Japan. Work began in 1983 after site analysis and intensive background studies by staff of the Nakane Garden Research.

Features include a mountain stream and waterfall, a central lake, a dry garden and Azalea Hill. Visitors can spend a good couple of hours there exploring the 3kms of paths and admiring the 230 species of Japanese and Australian native trees and plants.



Visitors on one of the bridges in Toowoomba's Japanese Garden—*photo by Derrick Sutcliffe*

The Garden is a central part of a sister city relationship between Toowoomba and Takatsuki, located between Kyoto and Osaka.

As the UniSQ website details, the designer, Professor Kinsaku Nakane of Kyoto, built the garden to represent a Buddhist paradise with the celestial sea (the lake) lapping the rocky shores of the three islands where the immortals are said to dwell.

"The material world is the outer edge of the lake and a symbolic journal to paradise may be made by crossing one of the four bridges to the islands."

*Town & Country Walks members meet on the fourth Wednesday of the month for an early start. Inquiries call—Laurel Wilson 0418 187 104*

- Bob Wilson



## Monday

### CANASTA (JONOLA)

**Convenor: Maree Espie 0498 237 837**

**Venue: U3A Rooms 1 & 2, 1 Tooth Street. Weekly. Time: 1pm**

We play Canasta Jonola which is an easier form than the original version. With our version, only 5 cards instead of the whole pack are picked up. This provides an interesting, and at times hilarious, game of cards.

No one takes themselves too seriously. If you are ready for an afternoon of fun while chatting to everyone around you, please join us. If you have never played, someone is always on hand to teach you.

### YOGA

**Convenor: Chris Hulme 0413 621 943**

**Venue: Warwick Aikido Dojo, 289 East Street, corner of Percy Street. Weekly. Time: 11am**

I have been studying yoga for 35 years under Vijay Yogendra until his passing. Yoga is first of all a practical approach. It focuses on the three aspects of man; the physical, mental and spiritual. Physical practices have been developed over thousands of years to address the different systems of the body: muscular, circulatory, and nervous system, to promote flexibility and vitality. **Requirements:** A small blanket, small cushion, loose stretchy clothing, warm for winter. A small donation to the Aikido club would be appreciated, for the use of the Dojo (training hall).

### SCAMMERS BEWARE—A Self-Defence course for Seniors

**Convenor: Bob Wilson 0438 525 119**

**Venue: U3A Room 3, 1 Tooth Street. Weekly. Time: 9.30am—10.30am. Course runs Jan 22-Mar 11**

Join former journalist Bob Wilson for a short course on how to guard yourself against scammers and cyber criminals. Topics to be covered include Internet Security Software, email scams, mobile phone text scams, bogus mobile phone calls, scam messages on social media, and social engineering. This course will run for an hour every Monday. Please bring your mobile phone and a notebook and pen. Course notes will be provided.

## Tuesday

### BIRD WATCHING

**Convenor: Stuart Watt 0421 726 741**

**Venue: Rendezvous by email. Second Tuesday of the month (February to December, no break for school holidays)**

We meet either at the first birdwatching site or in Tooth Street outside the U3A rooms. Outing details emailed on the Sunday prior to the outing. All you need are binoculars, water, morning tea and a folding chair. A field guide, notebook and pencil are recommended. Please wear appropriate clothing and flat, comfortable footwear. Newcomers welcome.

### LINE DANCING

**Convenor: Sandy Gordon 0488 427 699**

**Venue: Senior Citizens Hall, 13a Albert Street. Weekly. Time 1pm-2pm**

Sandy Gordon launched this popular course two years ago with dance teacher Jennifer Heffernan. Line dancing, sometimes called 'boot-scooting', involves dancers performing a repeating series of steps in unison, all facing in the same direction. Anyone interested in joining this fabulous, one-hour class please contact Sandy.

### EVERYDAY SCIENCE

**Convenor: Dudley Fitzgerald 0456 988 175**

**Venue: U3A Room 2, 1 Tooth Street. First Tuesday of the month. Time 10am**

This course provides a simple explanation of the world around us. What do plants eat; do they scream when you cut off a branch? What is electricity; where does it come from and where does it go when you turn off the light? What is soil, where does it come from and why is it so important to protect soil from erosion? This course is for people who want to understand the world around them a little better. Bring an old-fashioned pad and biro!

## PAPER CRAFT

**Convenor:** Sally Edwards 0478 161 817

**Venue:** U3A Room 3, 1 Tooth Street. **Weekly. Time 10am-12 noon.** *(Please note change of venue for 2024)*

The original Junk Journal group decided to broaden its horizons and take on other crafts using paper. We make folders, envelopes, cards, decorations, and all manner of things paper. We did not abandon making journals though. We follow a series of prompts and videos sourced from YouTube. If you miss a week you can find the ideas from the web links sent out each week. You don't have to be 'artistic' to enjoy the sessions. Just bring a sense of humour and desire to have fun.

## WRITING FOR YOURSELF, FOR OTHERS, FOR FUN

**Convenor:** Gabrielle Samson 0438 661 091 [gabriellesamson3@gmail.com](mailto:gabriellesamson3@gmail.com)

**Venue:** U3A Room 1, 1 Tooth Street. **First session 23 January. Possibly Second and Fourth Tuesday of the month. Time 10.30am**

***Gabrielle is running an Introductory session on 23 January. Participants can discuss and decide on best day, time and place for this class.***

Playing with words, exploring and sharing your ideas, finding your writing style and building your confidence as a writer, this course will be challenging but fun for those interested in writing. We will work and play in a variety of genres according to participants' interests - history, memoir, journalling, creative fiction, reporting, other. Writing sessions will take place every fortnight if there are more than three people interested in the course.

## Wednesday

### MAH JONG

**Convenor:** Carol Domjahn 0421 979 853

**Venue:** U3A Room 1, 1 Tooth Street. **Second and fourth Wednesday of the month.**

**Time 9.30am to 11.30am**

Carol is keen to recruit new members for this group which meets to play an old Chinese game. Mah Jong requires three or four players per table. The game is played using tiles and is easy to learn and enjoyable.

The group continues to meet through the school holiday periods.

### TOWN & COUNTRY WALKS

**Convenor:** Laurel Wilson 0418 187 104

**Fourth Wednesday at various locations, usually meeting at 8am. (Starting on February 28)**

**Where:** Various locations near Warwick and some a little further away. We usually meet at the U3A rooms and go from there – I will advise alternative meeting places if these are more convenient, depending on the walk for that month. **What:** A one to two hour walk (not strenuous bush bashing). **What to bring:** Hat, walking shoes/boots, water bottle, snack/thermos for morning tea. (Group is limited to 12, so we don't lose anyone in the bush).

### CRYPTIC CROSSWORDS

**Convenor:** Ray Harm 0490 872 992 [rayharm88@gmail.com](mailto:rayharm88@gmail.com)

**Venue:** U3A Room 3, 1 Tooth Street. **Weekly. Time 1.30pm to 3.30pm**

There are currently 10 members attending on Wednesdays from 1.30pm to 3.30pm solving 4 puzzles and having a cuppa along the way. I intend to run an introduction session in 2024—if enough people are interested to help with the solving of cryptic puzzles. **Please indicate on sign on-day if you are interested, or contact Ray Harm.**

### SILENT BOOK CLUB

**Convenor:** Clare Cotton 0448 093 872

**Venue:** U3A Room 1, 1 Tooth Street. **First Wednesday of the month. Time 1.30 – 3.30pm (Starting February 7)**

Bring a book, make a cup of tea or coffee and settle in companionable silence to read with others like yourself. No pressure to have a 'set' book: Bring whatever you want to read. After a quiet read, those who want to may stay for a chat. It will be informal and flexible.



## Thursday

### CHINA TODAY

**Convenor:** Neil Bonnell 0408 361 482 [neilbonnell@outlook.com](mailto:neilbonnell@outlook.com)

**Venue:** U3A Rooms 1 and 2, 1 Tooth Street. **First and Third Thursday of the month. Time 10.30am**

How long will China's charm offensive last? How sincere is it? Can China's economy survive the slow-motion train wreck of the property sector? How secure is Xi Jinping's position at the apex of political power in China? The status of Taiwan and the militarization of the South China Sea will remain causes of tension in 2024. We will follow developments in these areas through a search of print and other forms of the media.

### THE BIBLE AS HISTORY

**Convenor:** Neil Bonnell 0408 361 482 [neilbonnell@outlook.com](mailto:neilbonnell@outlook.com)

**Venue:** U3A Rooms 1 and 2, 1 Tooth Street. **Second and Fourth Thursday of the month. Time 10.30am**

The prominent columnist Peter Fitzsimons frequently declares that the Bible is just a collection of fairy stories. Clearly he has done little research on the historical basis for the Bible. The recent unlocking of the secrets held by cuneiform tablets unearthed from Mesopotamia corroborate the accounts of much of the history recorded in the Old Testament in particular. The unit on the settlement of the Hebrews in Canaan under the leadership of Joshua may give some understanding of the current crisis in Palestine and Israel.

### SAMBA

**Convenor:** Maree Espie 0498 237 837

**Venue:** U3A Room 1, 1 Tooth Street. **Weekly. Time 1.00pm**

Samba is a slightly harder game to play than Canasta, in that you also need to have a Samba, which is a run of 7 cards of the same suit as well as Canastas. Don't worry if you have never played. There is always someone around to teach you. It's a fun (and sometimes frustrating) afternoon. Feel free to join us!

### TAI CHI (ADVANCED)

**Convenor:** Avis Stehn 0438 511 983 [avisstehn@yahoo.com](mailto:avisstehn@yahoo.com)

**Venue:** Leslie Park (Guy Street Side). **Weekly, during school terms. Time 9am. (Starting February 1)**

This Tai Chi class is open to anyone who has completed the 6 levels of Yang style Tai Chi. If the weather is too wet underfoot, the class is conducted in the Rotunda on the Palmerin St side of Leslie Park. Wear appropriate loose-fitting clothing, flat shoes, and bring a bottle of water.

## Friday

### TAI CHI (BEGINNERS)

**Convenor:** Avis Stehn 0438 511 983 [avisstehn@yahoo.com](mailto:avisstehn@yahoo.com)

**Venue:** Leslie Park. **Weekly. Time 9am (Starting February 1)**

Avis is starting a beginners class in 2024, teaching Yang style Tai Chi. It takes three years to complete the course before going into the advanced class. This Chinese daily meditation routine, which involves slow and continuous movements, is suitable for every age and is said to make the elderly young again. It aims to promote good posture, flexibility, balance, energy and general well-being. Join us in the fresh air under the beautiful trees of Leslie Park. Please wear loose clothing and flat comfortable footwear. Bring a bottle of water.

### JOURNAL AND MORE

**Convenor:** Clare Cotton 0448 093 872

**Venue:** The Dairy Lounge. **Weekly. Time 10am for 10.30**

This group is about far more than writing a Journal. We explore ideas and write. We meet for coffee first and then have a formal session taking turns to express and share our ideas. It is all very relaxed. We welcome new

members.

## MUSIC SHOW

**Convenors:** Cheryl Baxter & Sandra Wilson 0412 065 221 [zandru1950@gmail.com](mailto:zandru1950@gmail.com)

**Venue:** U3A Rooms 1 and 2, 1 Tooth Street. **Second and Fourth Friday of month. Time 2pm**

Back by popular demand (ours!). Twice a month for around 1.5 hours, we will continue to explore the plethora of music available via the magic of YouTube and let it rejuvenate us. We will also delve into our extensive CD collections for your edification and enjoyment, as well as consider your recommendations. Notes on the playlist and its URL are emailed after each show. You can explore those you enjoyed and avoid the ones you didn't. In December we notched up episode 57!

## SCOTTISH COUNTRY DANCING

**Convenor:** Marg Bond 0429 700 217

**Venue:** U3A Rooms 1 and 2, 1 Tooth Street. **Weekly. Time 10am**

Scottish Country dancing is bush dancing with different music. It helps with memory, balance and self-esteem and is very enjoyable. No experience or partner is required. Country dancing is not highland dancing as it is social dancing for 2, 3, 4 couples in sets.

## BOOK DISCUSSION

**Convenor:** Rhyl Dearden 0437 646 061

**Venue:** U3A Room 1, 1 Tooth Street. **First Friday of month. Time 2.00pm**

Rhyl coordinates this group which meets to discuss a book all have read. Books are sourced from the library.

## LET'S READ THE CLASSICS

**Convenor:** Laurel Wilson 0418 187 104

**Venue:** U3A Room 1, 1 Tooth Street. **Third Friday of month. Time 2pm. (Commencing Friday 16 February 2024)**

Every month we read one of the 'Classic' Novels written (or translated into) English and share our thoughts about it at the next meeting. Sets of books are usually sourced through Warwick Library, though we also occasionally read an 'own choice' Classic and then bring a review of that novel to the group. For practical purposes, the first meeting of 2024 will be an 'own choice' Classic, so please choose one and read it in time to discuss it at the first meeting. (I will source a set of books to hand out at that meeting and provide some questions to consider, to help focus our discussion of the book.) Group size is limited to 10, as that's the number of books in a set.

# Saturday

## MEDITATION

**Convenor:** David Leech 0428 710 961

**Venue:** U3A Room 2, 1 Tooth Street. **Second and Fourth Saturday of the month. Time 9.30am**

*"Meditation is not what you think... if you think you are meditating, you are not."*

This statement is a play on words, but meditation is not about thinking, it is about just being. This is harder to do than we think. Most of us over-think and the thought of not thinking is challenging. Of course, our minds are always cogitating at some level, but meditating puts us in a different space. For most of us, meditation gives us a deep sense of relaxation and calm; it is healing and it is liberating.

No prior experience is required; this is a level playing field. There is an opportunity to ask questions, though meditation is best learned by simply doing it. The questions cease, we simply let them go. Meditation is like breathing; everyone can do it (without thinking). We meet twice a month on a Saturday morning for one hour, sometimes followed by morning tea and lots of conversation. You are most welcome to see if it is for you.

## BOARD GAMES FOR BORED PEOPLE

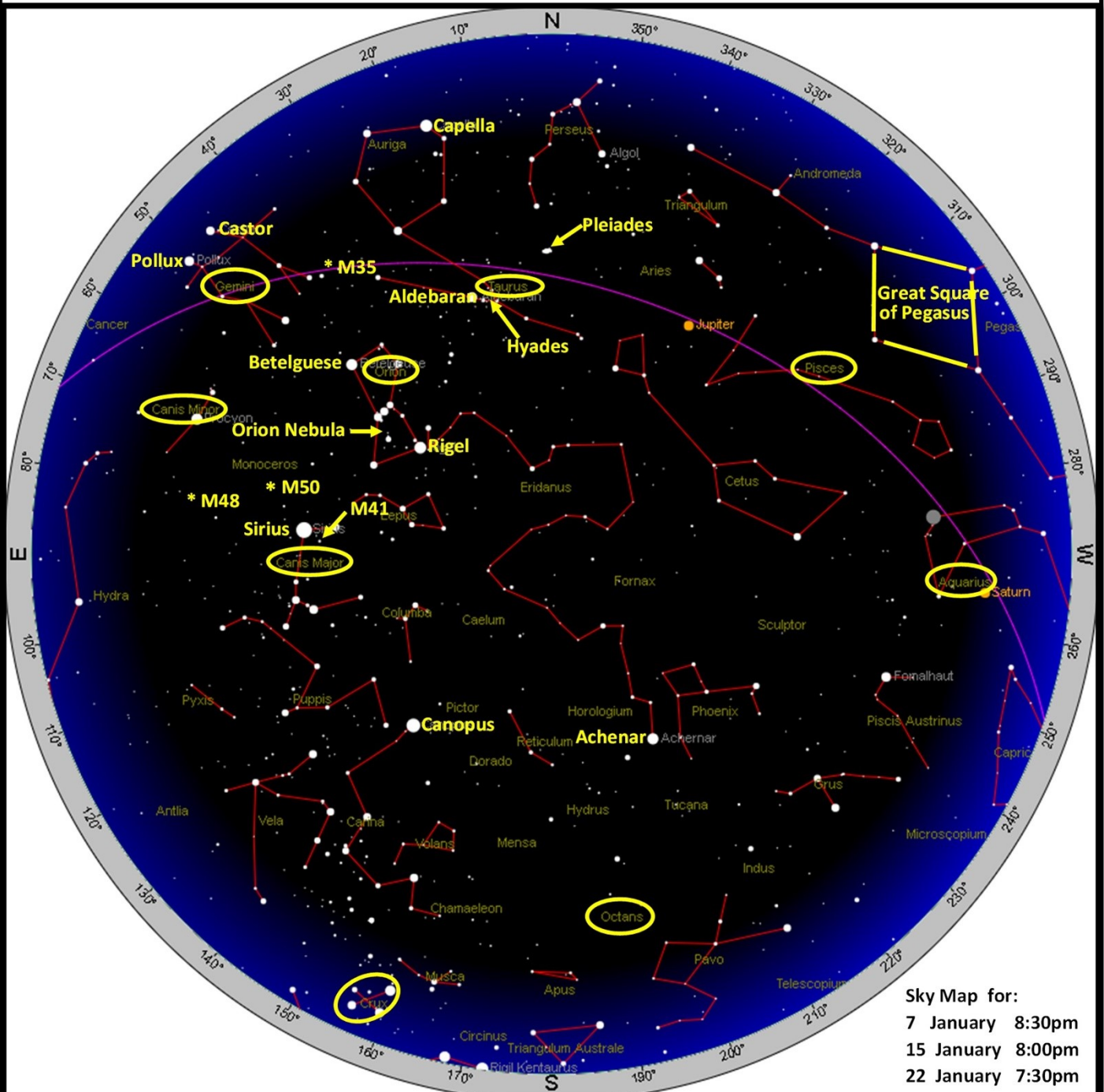
**Convenor:** Beryl Boyd 0408 095 188.

**Venue:** U3A Room 1, 1 Tooth Street. **Weekly. Time 1.00pm to 4.30pm**

A friendly group on Saturday afternoons for fun, relaxation, and social interaction. Games available include Mah-jong, Scrabble, Monopoly, Deluxe Rummy-O, Rummikub, Qwirkle, Yahtzee, UNO, Five Crowns, and Canasta.



## Watt's in the sky for January?



Remember the sky chart above is meant to correspond to the sky over your head. You have to imagine holding the chart above your head to use it, and then the compass directions are correct. Star map published with permission and thanks to Chris Peat. For masses of interesting information, visit [HeavensAbove https://www.heavens-above.com/main.aspx](https://www.heavens-above.com/main.aspx)

Welcome to the New Year - 2024AD by the Gregorian calendar, 5784 by the Jewish calendar and Year of the Wood Dragon in China. At the moment, we are (understandably) graced with our "summer" constellations. Many of those visible also in the northern sky were named by the ancient Babylonians and Greeks from their mythology. Think of Aquarius, Taurus, Gemini, Orion, as examples; on the other hand, interestingly, most of the brighter stars have more modern Arabic-derived names from the Islamic Golden age (8<sup>th</sup>-12<sup>th</sup> century AD). Achenar, in the constellation of Eridanus ("The River"), means "head of the river", while Betelgeuse means "hand of the hunter". By contrast, the southern constellations were only catalogued once the scientific age had started in the eighteenth century. The names Telescopium, Microscopium and

4 January	Last quarter
11 January	New Moon
18 January	First Quarter
26 January	Full Moon



Octans are “modern” additions to our astronomy. Octans is the constellation of the South Celestial Pole and has three stars much closer to the Pole than Polaris is in the north. Unfortunately, the closest of these, Polaris Australis is only magnitude 5.5—very close to the limit of naked-eye visibility. As for planets, Jupiter is high in the sky and Saturn is low in the west and we lose it by end-of-month.



Pleiades

This month there are many binocular objects; in Taurus are the open clusters, the Pleiades or Seven Sisters (approximately 3000 stars about 400 light-years distant) and the Hyades (about 500 stars



Hyades

about 230 light-years distant), in Gemini the Shoebuckle Cluster (M35 - about 400 stars about 3000 light-years distant), in Canis Major, the Little Beehive Cluster (M41 - about 100 stars about 2300



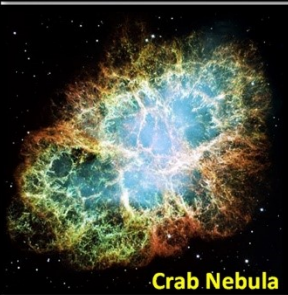
Shoebuckle Cluster M35

light-years distant) and in Canis Minor, the Beehive Cluster (M48 - about 450 stars about 2500 light-years distant). And, for our romantics, between these last two is the Heart-shaped Cluster (M50). All of these are even better through a telescope, but stick to a low-power eyepiece to fit the whole group in the field of view. Of course, waiting until April will put the very best cluster (NGC5139 -  $\alpha$  Centaurus) in good viewing position. Later.

As well as these clusters there are a number of nebulae in this region of the sky. The best are in Orion, as shown in the figure; the two best-known ones are the Orion Nebula, which is an active star-forming cloud within a bigger (but more diffuse) gas cloud, and the Crab Nebula, which is the expanding cloud leftover from a supernova observed by Chinese and Japanese astronomers in 1054AD. Buried at its centre is a rapidly-spinning neutron star - a *pulsar*. This is where astronomy gets weird; imagine an object



Orion Nebula



Crab Nebula

about 20km diameter,  $1\frac{1}{2}$  times the Sun's mass and spinning thirty times a **second**. All of the objects shown in the figure can be seen in binoculars, or, better still, in a small telescope. Once you find the Orion Nebula, scan the area along “Orion's Sword”. There are eight objects of interest for binoculars/telescopes, mixed with numbers of stars. For the early risers, Venus, Mercury and Mars dance on the eastern horizon for most of the month. On the 13<sup>th</sup>, Mercury is at its maximum altitude above the horizon and on the 28<sup>th</sup>, the human eye will see Mercury and Mars as one object, less than  $\frac{1}{3}^\circ$  apart. Binoculars will resolve the pair, however.



Deep Sky Objects in Orion

On the man-made front, there are lots of space probes out there. By my count, there are three looking at the Sun, ten around the Moon, one each near Mercury and Venus, ten around or on Mars (Perseverance and its helicopter are sending stunning photos of the delta in the Jezero Crater), five investigating various asteroids, and five around the outer planets or beyond. Perhaps the most impressive is Voyager 1, launched in 1977, now 24 thousand million kilometres away, speeding at 17km/s away from us and **still** in contact with NASA. Cheers Stuart



Delta front, Jezero Crater, Mars



## President's Annual Report 2023



This year we completed our recovery from Covid lockdowns which restricted courses and participants, and our registered member numbers have just bounced back to pre-covid levels and now exceed 200. Sadly, we note the passing of several past and present U3A members. Peg Porter, President from 2005 to 2007, Ann Warrell, a former Secretary, Erica Finegan and Nancy Hancock. We extend our condolences to these members' families and friends. (My apologies if I have missed any names).

### CLASSES

We currently offer 24 classes and courses, with some old favourites on a break and other new ones starting. Line dancing remains very popular as does Monday card session. There are now two Tai Chi sessions, with an intermediate class on Friday as well as the longstanding Thursday class. Next year the intermediate class members will graduate to the advanced class on Thursdays and the Friday class will be for beginners. The Music Show is run twice a month and has just notched up its 56th episode. The Paper craft group has been going for three years and hopes to move from the Warwick Art Gallery studio to Room 3 in the new year to better house their materials and equipment.

### COMMITTEE

I would like to thank this year's hardworking committee members and in particular Sandra Wilson who handed over the ropes to me as President, took on the role of Vice President in March, and ably stepped in while I was away travelling. She also took on the role of tutor coordinator and sponsor wrangler so was extremely busy. Grahame Peacock continued as secretary and kept all the correspondence and minutes in order.

Mark Agnew has been a very active treasurer and has learnt how to manage all our affairs quickly and effectively using Member Wizard, our newly acquired software. Louise Fulton has taken on the role of social convenor with enthusiasm and organised three popular events. Bob Wilson was our publicity officer and magazine and website editor and kept us all well informed. Rhonda Cooney took on the role of community liaison, Marianne Whitby assisted with supporting the treasurer with preparing a budget and Lindsay Whiteman was on hand to assist whenever needed.

This AGM Lindsay Whiteman, Marianne Whitby, and Sandra Wilson will be stepping down from the committee. Bob Wilson will continue this year as newsletter editor but plans to hand the job over to two new newsletter coordinators. Grahame Peacock will be stepping down from the role of secretary but intends to stay on the committee.

### ACTIVITIES

After the success of the social last year at The Compound Art Zone a second event was held at the end of Term 1 with displays by the Line dancers, Scottish dancers and African drumming group. The Goodwills also performed. Last year the regular morning teas were discontinued due to lack of participants. One morning tea was held on June 16

...new tricks! Term 1, 2024

and a Tutors' lunch was held on 25th August attended by 27. Thanks go to Louise Fulton, Mark Agnew and Marianne Whitby who took on the lion's share of organising these events.

### VOLUNTEERS

Thanks are due as always to all our tutors/coordinators, without whom U3A would not exist, and our lives would be considerably poorer.

### GOONDIWINDI SUB-BRANCH

Having considered incorporation, the Goondiwindi group has decided to wind up their separate identity. Twenty-one members have been enrolled as members of Warwick U3A as at October 1, and steps have been taken to close their bank account and transfer their financial assets. They are looking forward to being relieved of administrative duties!

### SPONSORS

The committee meeting in September confirmed the advertising fees and all sponsors were contacted. Heartfelt thanks go again to our sponsors whose advertisements in our quarterly newsletter *New Tricks* help defray operational costs.

### MANAGEMENT MATTERS

#### Covid Policy

At the committee meeting of 17 January 2023 there was a discussion of current situation with COVID due to concerns raised by tutors. A motion was passed "that the current vaccination policy dated 02/12/2021 be maintained", with new members requested to provide proof of vaccination prior to admission to classes and events. Information was sent out to all tutors prior to start of term. At the committee meeting of 14 November 2023, It was agreed that the policy now be amended to comply with current practice. **Therefore, full vaccination is no longer required to attend U3A classes and events. It is now the responsibility of all individuals to monitor their health and if unwell remain at home.**

#### New Lease

The lease of the premises at Tooth Street have been the subject of protracted negotiations with the council. Finally, a 10- year lease has been offered which includes our current rooms plus the large block and kitchen recently vacated by Endeavour foundation.

The lease is for a nominal amount of \$250 per annum but there is no commitment to repairs or upgrades. A separate fee for electricity will also need to be paid. Additional costs will include maintaining the gardens and the cleaning the toilet blocks. These costs will need to be shared with the other users of the site – Rotary, Lions and Veterans.

#### Money Matters

Following a lengthy discussion and analysis of the annual budget and new projections presented to the meeting on 26 September, it was clear that steps needed to be taken to avoid going into the red.

A revision to the fee structure was agreed as follows:

- 'Couples' membership to be abolished
- Annual membership fees to be increased from \$30 to \$40 p.a. for ordinary members (January to December)
- Part-year members who join between 1 July-30 September pay \$25
- Pending Ordinary members who join after 1 October pay \$40 which covers them until December the following year.

*Continued on page 14...*

## President's Annual Report 2023

...continued from page 13

The change to membership fees was applied immediately for anyone joining this year after October 1, 2023.

### THE FUTURE

The new year will bring the opening of our new rooms at Tooth Street. We will at last have a kitchen so members can have light refreshments and events can be catered (and washed up!!). The new block "C" (which members will remember was used by Endeavour foundation) is a large double length room and can be used for indoor exercise as well as for large group activities.

Initially we will partner with the Rotary Club of Warwick Sunrise and utilise chairs and tables from their store to furnish it, however grants will be applied for to better equip the space. There are some new courses in development and we would like to offer some short courses as well as year-long courses. We are actively looking for ideas and tutors.

**Sign-on days will be January 18 And 19** at our Tooth Street rooms between 10am and 2pm, and the first week of term starts on 22 January.

I hope you have a wonderful Christmas and holiday season. Good health and best wishes for 2024

**Sally Edwards**

**President**

**24 November 2023**

*(This is an abridged version of Sally's speech. The original is on our website under About Us. —Ed)*

## Gabrielle Samson Guest Speaker at our AGM Life on Ataúro Island

**North Branch resident and U3A Warwick member Gabrielle Samson was the guest speaker at the Annual General Meeting on November 24.**



Gabrielle speaking at her book launch in Brisbane.

She spoke about the background to a book she had just published about six of the twelve years she spent living on the remote island of Ataúro in Timor-Leste.

The book *Dancers on the Sea* is a series of vignettes of Gabrielle's life living on a remote island from 1994 to 2002, during times of great political turbulence.

The life journey that led to her starting a kindergarten on Ataúro began when she studied anthropology and politics at university in Australia. On graduating she went to Papua New Guinea, spending four years in the early 1970s working with local women to improve literacy, nutrition and agricultural practices. She returned to Warwick as a single mother and became a special needs teacher at local schools.

*Continued on page 19...*

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## NORTHLAND SOJOURN—Part One

By Sandra Wilson



On a sparkling November morning, an expat Aussie friend and I drove north from Auckland to introduce me to the charms of Northland and to continue our search for the perfect cheese scone—an ongoing project each time I visit New Zealand.

Northland is the most northerly and least populated of New Zealand's local government regions, with only about 204,000 people in an area of 12,500 square kilometres. The major ethnicities are 73% European and 36% Māori. It stretches south for 265 kilometres from Cape Reinga, the most northerly tip of mainland New Zealand, and from the Tasman Sea on the west coast to the Pacific Ocean on the east coast. Forestry and agriculture are major industries. We travelled along the west coast before arriving at Opononi on the shore of Hokianga Harbour for two nights. Highlights on our first day were the splendid Kauri Museum at Matakohe and visiting Tāne Mahuta, 'Lord of the Forest'. The large Museum is devoted to all things kauri and showcases comprehensive displays including operational machinery, tools, beautiful kauri furniture, natural history specimens, and various social history collections. It's well worth an extended visit.

Tāne Mahuta, growing in remnant rainforest that once covered Northland, is the largest known living kauri. At 51.5 metres high, 13.8 metres in girth, and an estimated age around 2000 years, he is awe-inspiring.

At Opononi we visited Manea Footprints of Kupe, an immersive, interactive cultural experience, recounting the story of Kupe, the legendary explorer who arrived in Hokianga a thousand years ago. Today, his story is told by his

descendants, and it is a multi-faceted emotional experience that is completely compelling.

Next day we took a ferry from Rawene, which has an interesting mangrove boardwalk, across the harbour before heading north-west to Ahipara, nestled on a beautiful bay at the southern end of the inaccurately named Ninety Mile Beach. (It's actually 88 kilometres long). After an excellent brunch in Ahipara, we drove north-east via Kaitia, a busy town of over 6000 people, boasting an excellent museum, to Taipa, our base for the next two nights.

We spent a day, retracing our steps slightly, to travel literally to the end of the Far North/Cape Reinga Road to visit the lighthouse at Cape Reinga and gaze north to the scattered islands at the very top of New Zealand. The end of the day saw us sampling the delights of the Remarkable Café & Seafood Restaurant in Mangonui, a fishing village on the shore of Doubtless Bay. (We had already patronised the deservedly-famous Mangonui Fish Shop the previous evening). Impressions so far—stunning scenery, uncluttered beaches, friendly people, more to explore each day than we could fit in the hours available. Not to mention great coffee, food, wine, and some worthy cheese scones.

**To be continued.**

### BEATING SPAMMERS AND SCAMMERS—A Self Defence Course for Seniors

Online scams are becoming more sophisticated and harder for people to spot, according to Scamwatch. The Federal Government website was set up to help thwart online scammers.

Despite the efforts of Scamwatch and other agencies, Australians lost \$114 million to scams between July and September 2023. Losses to job and employment scams are the most significant development in overall scam losses and trends. Australians have lost \$20.3 million to these scams, an increase of 633.5% since last year. The national Anti-Scams Centre successfully disrupted scammers by taking down investment scam advertisements and websites. The Centre also worked with banks, telcos, cryptocurrency firms and digital platforms to block payments to scammers. Between July and September this year, Scamwatch received 41.2% more reports of scams compared to the same time last year.

**If you are concerned about increasing activity by online and telephone fraudsters, sign up for my short course running on Mondays 9.30am to 10.30am in Room 3 from January 22 to March 11, 2024.**

**- Bob Wilson 0438 525 119**



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Radio Station**

We are a not-for-profit, volunteer-run Station owned by the Warwick Community FM Radio Association Inc. Our announcers produce all their own shows, selecting their own choice of music.

Community participation is invited in all aspects of the running of the Station, from administration to announcing. There are many and varied skills needed to make sure our Station continues to entertain and provide a voice to our community.

We provide a free community noticeboard daily to promote events for local groups.

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**U3A Warwick tutor Neil Bonnell receives Life Membership from Vice-President Sandra Wilson**

## Sandra Wilson's well earned Break

After nine years of sterling service to our Committee, Sandra Wilson has stood down from the Committee, but will continue as a Tutor and a strong supporter of U3A Warwick. Sandra joined the Committee in 2015 and had served for only a year before, with some diffidence, she accepted the position of Secretary. As President at the time, I valued Sandra's efficiency and conscientiousness. Her computer skills were invaluable, especially when we spent some hours attempting to prepare an application for a grant to cover the cost of replacing the air conditioning units in our U3A rooms. Our first foray faltered when the Council insisted that we use their preferred supplier – a Toowoomba firm who provided an outrageous quote. After some time we ignored this demand and resubmitted, nominating a local firm. Council approved this application on condition that we make no changes to our request. We happily complied, but are still ignorant of whatever made the Council change their requirements.

At the end of 2019 I stepped down from the position of President and was delighted when Sandra became our President. None of us could know at that time that within a month or two, the world would be thrown into crisis by the coronavirus. I swear that I had no inside information. It fell to Sandra to keep U3A Warwick alive during a period of lockdown and later of stifling conditions for holding courses. The form of sign-on day had to be altered and social events curtailed. The bureaucratic details covering the provision of Courses made life difficult for the President and other office-bearers. With Sandra's leadership we survived and Sandra was already planning for the future.

Another successful grant application enabled the purchase of a smart TV, which has been a boon for several courses.

Sandra's most important plan was to provide additional facilities, including a kitchen and perhaps a common room at Tooth St. or somewhere else. Fortuitously, Endeavour moved out and we now have those extra facilities. U3A is deeply indebted to Sandra for her contribution to our organization.

**- Neil Bonnell (Life Member 2023)**

## VALE

**Two of our members died recently – Joan Gosen and Margaret Hamilton.**

Joan, who died unexpectedly in early November, joined U3A in January this year and was a keen card player.

Margaret joined U3A in January 2021 and had been an enthusiastic line dancer until her health declined. She died on November 23. Our condolences go to their families and friends. They were valued members of our community and we will miss them. **SW**

## Joe and Jackie Coorey

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(Discount not available on sales lines)

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# ACCIONA WIND FARM AT HALFWAY MARK

Report by Bob Wilson



Our social convenor Louize Fulton has a plan to organise an official U3A excursion to the MacIntyre Wind Farm in 2024. I can recommend it as a group of six U3A members informally booked for a tour on Friday December 8, 2023. The scale of the \$1.5 billion MacIntyre Wind Farm west of Karara is hard to communicate. Acciona, a Spanish company involved in projects across four Australian states, negotiated with 12 different landowners to take a long-lease over 36,000ha of land. The undulating scrub country is ideal for a wind farm, which needs elevated points and consistent winds.

Acciona started taking bus tours to the site in October and they have quickly become popular.

At the halfway point of this project in December, Acciona had completed 87 turbines, each towering up to 240m high. All components for the wind turbines are brought by road from the Port of Brisbane, traversing an inland route overnight. Tower components are shipped in sections and bolted together on site. Turbine blades, made of polymer, reinforced with fibreglass or carbon fibre, are 80m long and weigh 29,000 kilograms. Wind turbines have four main components: concrete and steel foundations, a tower, bolted together in sections, three blades and a nacelle, which contains the operational and electricity generating equipment.

When we visited there were about 700 people working on site, up to 150 living on-site.

Acciona says the project is worth \$550 million to the local community in jobs and associated economic benefits.

On completion, the wind farm will power 700,000 homes. Then it will be on to the next stage, Herries Range on the opposite side of the highway.



Laurel Wilson on site, complete with hard hat, high-viz vest and safety glasses

## St Mark's Community Christmas Tree Festival

St Mark's Anglican Church hosted 29 Warwick communities for its fourth annual Christmas Tree Festival in December 2023.



U3A Christmas Tree  
Photo Bob Wilson

This was the first year U3A Warwick had entered the festival, for which local organisations and community groups decorate trees supplied by St Mark's.

St Mark's administration officer Madonna Dwan said there were a record number of trees entered and the standard of decoration was very high.

The church was open to visitors between 5pm and 7pm for the five days leading up to Christmas. Visitors were asked to make a donation to view the trees and to vote for the People's Favourite. On the Thursday evening a pop-up market was held in St Mark's Hall, with a sausage sizzle outdoors. Funds raised over the week go to the organisations chosen as the most popular. This year Yartopians and Melomaniacs were the winning choices.

U3A President Louize Fulton thanked the small group of volunteers who helped decorate the tree and then dismantle the display once the festival ended on Friday 22 December.

- Bob Wilson

## Writing: For Yourself, For Others, For Fun

**Tutor: Gabrielle Samson**

Playing with words, exploring and sharing your ideas, finding your writing style and building your confidence as a writer. This course will be challenging but fun for those interested in writing. We will work and play in a variety of genres according to participants' interests - history, memoir, journalling, creative fiction, reporting, other. Writing sessions will take place every fortnight if there are more than three people interested in the course.

**Contact Gabrielle 0438 661 091**

*(Gabrielle has recently published a memoir, has won local, state and national prizes for short stories and has had a radio play produced by the ABC. She is passionate about writing.)*



## U3A Birdwatching Group

End of Year Breakup—Goomburra  
12th December 2023



### By Stuart Watt

It was certainly cooler in the higher rainforest than on the open downs for our Christmas breakup for 2023. Almost all the group were present for lots of birds, lots of scrumptious goodies to share and lots of enjoyable chat over morning tea and lunch. And Jim even sported us a Christmas Tree. Merry Christmas to all and looking forward to a healthy, happy and enjoyable birdwatching New Year.

**FEBRUARY:** Glen Road and Washpool Reserve; **MARCH:** Cunningham's Gap; **APRIL:** Connolly Dam; **MAY:** Warwick Golf Club; **JUNE:** Browns Falls; **JULY:** Rosenthal Reserve; **AUGUST:** Rosenthal Reserve; **SEPTEMBER:** Cherry Gully; **OCTOBER:** Acacia Plateau; **NOVEMBER:** Local Lagoons; **DECEMBER:** Goomburra

### Sightings List (Kurrajong Picnic Area)

Common Bronzewing	Superb Fairy-wren
Rainbow Lorikeet	Variegated Fairy-wren
Sulphur-crested Cockatoo	Eastern Spinebill
Australian King-Parrot	Lewin's Honeyeater
Crimson Rosella	Yellow-faced Honeyeater
Oriental Dollarbird	Currawong
Sacred Kingfisher	Satin Bowerbird
Willie Wagtail	Red-browed Finch
Channel-billed Cuckoo	Bell Miner
Grey Fantail	Noisy Friarbird
Eastern Whipbird	Little Friarbird
Black-faced Cuckoo-shrike	Corvid Pied
White-browed Scrubwren	



...continued from page 14

### Gabrielle Samson Guest Speaker at our AGM Life on Ataúro Island

When her daughter grew up and left home, Gabrielle, who had been learning the Indonesian language, became involved in early childhood education in Java where she volunteered to live in an Islamic community.

School was a bamboo hut, a blackboard and a piece of chalk. She started training teachers in remote areas, and went to East Timor at a time when it had been colonised by the Portuguese for 450 years, (they left in 1975). Indonesia subsequently invaded and occupied East Timor and what was Irian Jaya (western PNG). "I was on a quest to learn more about myself through others. It was important to me to live and learn by living in other cultures. I wanted to learn what it is to be a human being through the experience of different world views."

The Indonesian university she'd worked for since 1993 asked her to stay on and work with teachers in very poor locations.

"I went there initially to look at agricultural programmes. But an elder on Ataúro asked if I'd assist the community to start a kindergarten, design a program and train teachers. The Indonesians had built schools and health clinics in every village and trained people to work in them. I went there for six months and stayed for 12 years. I fell in love with the island and the islanders."

(See review Page 5. The book was on the top 10 best seller list at Avid Books in West End, when launched in early December).

- Bob Wilson

### Musk Lorikeets beating the heat



## Monday

### Canasta (Jonola)

Weekly, 1pm  
Rooms 1 & 2  
Maree 0498 237 837



### Yoga

Weekly, 11am  
Warwick Aikido Dojo  
289 East Street  
Chris Hulme  
0413 621 943

### Scammers Beware

Weekly, Jan 22-Mar 11  
Room 1, 9.30am  
Bob Wilson  
0438 525 119

## Tuesday

### Bird Watching

Second Tuesday  
Rendezvous by email  
Stuart Watt  
0421 726 741

### Line Dancing

Weekly, 1pm  
Senior Citizens Hall  
13A Albert Street  
Sandy Gordon  
0488 427 699

### Everyday Science

First Tuesday, 10am  
Room 2  
Dudley Fitzgerald  
0456 988 175

### Paper Craft

Weekly, 10am-12noon  
Room 3  
Sally Edwards  
0478 161 817

### Writing: For Yourself, for Others, for Fun

First session  
23 January  
Room 1, 10.30am  
Gabrielle Samson  
0438 661 091

## Wednesday

### Mah Jong

Second & fourth  
Wednesday  
9.30am—11.30am,  
Room 1,  
Carol Domjahn  
0421 979 853



### Town & Country Walks

Fourth Wednesday  
Various locations  
Meeting time & place  
advised  
Laurel Wilson  
0418 187 104



### Cryptic Crosswords

Weekly,  
1.30pm—3.30pm  
Room 3  
Ray Harm  
0490 872 992

### Silent Book Club

First Wednesday  
1.30pm — 3.30pm  
Room 1  
Clare Cotton  
0448 093 872

## Thursday

### China Today

First & third Thursday  
10.30am  
Room 1 & 2  
Neil Bonnell  
0408 361 482



### The Bible as History

Second & fourth  
Thursday, 10.30am  
Room 1 & 2  
Neil Bonnell  
0408 361 482



### Samba

Weekly, 1pm  
Room 1  
Marie Espie  
0498 237 837

### Tai Chi (Advanced)

Weekly, 9am  
Leslie Park  
Avis Stehn  
0438 511 983

## Friday

### Tai Chi (Beginners)

Weekly, 9am  
Leslie Park  
Avis Stehn  
0438 511 983

### Journal & More

Weekly, 10am  
The Dairy Lounge  
Clare Cotton  
0448 093 872

### Music Show

Second & fourth  
Friday, 2pm  
Rooms 1 & 2  
Cheryl Baxter &  
Sandra Wilson  
0412 065 221

### Scottish Country Dancing

Weekly, 10am  
Rooms 1 & 2  
Marg Bond  
0429 700 217

### Book Discussion

First Friday, 2pm  
Room 1  
Rhyl Dearden  
0437 646 061

### Let's Read the Classics

Third Friday, 2pm  
Room 1  
Laurel Wilson  
0418 187 104

## Saturday

### Meditation

Second & fourth  
Saturday, 9.30am  
Room 2  
David Leech  
0428 710 961

### Board Games for Bored People

Weekly,  
1pm—4.30pm  
Rooms 1 & 2  
Beryl Boyd  
0408 095 188



As the Queensland school term commences on **January 22**, most U3A classes will commence that week, unless otherwise stated in the Course Outlines. Please check with your Course Convenor regarding your course.

*We are aiming to keep our website up to date between newsletters*

<https://>

[www.u3awarwick.org.au](http://www.u3awarwick.org.au)

## Newsletter

Contact Bob  
0438 525 119

Deadline for the  
2nd term edition is March 22,  
2024

Please send  
contributions to

[maureen.sutcliffe0@gmail.com](mailto:maureen.sutcliffe0@gmail.com)



## Interested in running a course for U3A Warwick?

Contact Course Co-ordinator  
Marianne Whitby to discuss  
0437 339 934